



Curriculum Guidelines – Health & Physical Education

Prep Achievement Standard

By the end of Foundation Year, students recognise how they are growing and changing. They identify and describe the different emotions people experience. They identify actions that help them be healthy, safe and physically active. They identify different settings where they can be active and demonstrate how to move and play safely. They describe how their body responds to movement.

Students use personal and social skills when working with others in a range of activities. They demonstrate, with guidance, practices and protective behaviours to keep themselves safe and healthy in different activities. They perform fundamental movement skills and solve movement challenges.

		Prep Content Descriptions	General Capabilities
Personal, Social & Community Health	Being healthy, safe and active	Identify personal strengths (ACPPS001)	<ul style="list-style-type: none"> • Critical and Creative Thinking • Personal and Social Capability
		Name parts of the body and describe how their body is growing and changing (ACPPS002)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy (ACPPS003)	<ul style="list-style-type: none"> • Critical and Creative Thinking • Personal and Social Capability

	Communicating and interacting for health and wellbeing	Practise personal and social skills to interact positively with others (ACPPS004)	<ul style="list-style-type: none"> • Literacy • Personal and Social Capability
		Identify and describe emotional responses people may experience in different situations (ACPPS005)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
	Contributing to healthy and active communities	Identify actions that promote health, safety and wellbeing (ACPPS006)	<ul style="list-style-type: none"> • Critical and Creative Thinking • Personal and Social Capability
		Participate in play that promotes engagement with outdoor settings and the natural environment (ACPPS007)	<ul style="list-style-type: none"> • Personal and Social Capability
Movement & Physical Activity	Moving our body	Practise fundamental movement skills and movement sequences using different body parts (ACPMP008)	<ul style="list-style-type: none"> • Numeracy • Personal and Social Capability
		Participate in games with and without equipment (ACPMP009)	<ul style="list-style-type: none"> • Personal and Social Capability
	Understanding movement	Explore how regular physical activity keeps individuals healthy and well (ACPMP010)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Identify and describe how their body moves in relation to effort, space, time, objects and people (ACPMP011)	<ul style="list-style-type: none"> • Literacy • Numeracy • Critical and Creative Thinking • Personal and Social Capability

	Learning through movement	Cooperate with others when participating in physical activities (ACPMP012)	<ul style="list-style-type: none"> • Personal and Social Capability
		Test possible solutions to movement challenges through trial and error (ACPMP013)	<ul style="list-style-type: none"> • Personal and Social Capability
		Follow rules when participating in physical activities (ACPMP014)	<ul style="list-style-type: none"> • Personal and Social Capability

Years 1 and 2 Achievement Standard

By the end of Year 2, students describe changes that occur as they grow older. They recognise how strengths and achievements contribute to identities. They identify how emotional responses impact on others' feelings. They examine messages related to health decisions and describe how to keep themselves and others healthy, safe and physically active. They identify areas where they can be active and how the body reacts to different physical activities.

Students demonstrate positive ways to interact with others. They select and apply strategies to keep themselves healthy and safe and are able to ask for help with tasks or problems. They demonstrate fundamental movement skills in a variety of movement sequences and situations and test alternatives to solve movement challenges. They perform movement sequences that incorporate the elements of movement.

		Years 1 and 2 Content Descriptions	General Capabilities
Personal, Social & Community Health	Being healthy, safe and active	Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Describe physical and social changes that occur as children grow older and discuss how family and community acknowledge these (ACPPS016)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Practise strategies they can use when they feel uncomfortable, unsafe or need help with a task, problem or situation (ACPPS017)	<ul style="list-style-type: none"> • Literacy • Personal and Social Capability
		Recognise situations and opportunities to promote health, safety and wellbeing (ACPPS018)	<ul style="list-style-type: none"> • Personal and Social Capability

	Communicating and interacting for health and wellbeing	Describe ways to include others to make them feel they belong (ACPPS019)	<ul style="list-style-type: none"> • Literacy • Personal and Social Capability
		Identify and practise emotional responses that account for own and others' feelings (ACPPS020)	<ul style="list-style-type: none"> • Critical and Creative Thinking • Personal and Social Capability • Ethical Understanding
		Examine health messages and how they relate to health decisions and behaviours (ACPPS021)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
	Contributing to healthy and active communities	Explore actions that help make the classroom a healthy, safe and active place (ACPPS022)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Identify and explore natural and built environments in the local community where physical activity can take place (ACPPS023)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Recognise similarities and differences in individuals and groups, and explore how these are celebrated and respected (ACPPS024)	<ul style="list-style-type: none"> • Critical and Creative Thinking • Personal and Social Capability • Intercultural Understanding

Movement & Physical Activity	Moving our body	Perform fundamental movement skills in a variety of movement sequences and situations (<u>ACPMP025</u>)	<ul style="list-style-type: none"> • Personal and Social Capability
		Create and participate in games with and without equipment (<u>ACPMP027</u>)	<ul style="list-style-type: none"> • Literacy • Numeracy • Critical and Creative Thinking • Personal and Social Capability
	Understanding movement	Discuss the body's reactions to participating in physical activities (<u>ACPMP028</u>)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (<u>ACPMP029</u>)	<ul style="list-style-type: none"> • Numeracy • Personal and Social Capability
	Learning through movement	Use strategies to work in group situations when participating in physical activities (<u>ACPMP030</u>)	<ul style="list-style-type: none"> • Literacy • Personal and Social Capability
		Propose a range of alternatives and test their effectiveness when solving <u>movement challenges</u> (<u>ACPMP031</u>)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Identify rules and fair play when participating in physical activities (<u>ACPMP032</u>)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability

Years 3 and 4 Achievement Standard

By the end of Year 4, students recognise strategies for managing change. They identify influences that strengthen identities. They investigate how emotional responses vary and understand how to interact positively with others in a variety of situations. Students interpret health messages and discuss the influences on healthy and safe choices. They understand the benefits of being healthy and physically active. They describe the connections they have to their community and identify local resources to support their health, wellbeing, safety and physical activity.

Students apply strategies for working cooperatively and apply rules fairly. They use decision-making and problem-solving skills to select and demonstrate strategies that help them stay safe, healthy and active. They refine fundamental movement skills and apply movement concepts and strategies in a variety of physical activities and to solve movement challenges. They create and perform movement sequences using fundamental movement skills and the elements of movement.

		Years 3 and 4 Content Descriptions	General Capabilities
Personal, Social & Community Health	Being healthy, safe and active	Explore how success, challenge and failure strengthen identities (<u>ACPPS033</u>)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Explore strategies to manage physical, social and emotional change (<u>ACPPS034</u>)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe (<u>ACPPS035</u>)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Identify and practise strategies to promote health, safety and wellbeing(<u>ACPPS036</u>)	<ul style="list-style-type: none"> • Critical and Creative Thinking • Personal and Social Capability

	Communicating and interacting for health and wellbeing	Describe how respect, empathy and valuing diversity can positively influence relationships (ACPPS037)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Ethical Understanding • Intercultural Understanding • Personal and Social Capability
		Investigate how emotional responses vary in depth and strength (ACPPS038)	<ul style="list-style-type: none"> • Critical and Creative Thinking • Personal and Social Capability
		Discuss and interpret health information and messages in the media and internet (ACPPS039)	<ul style="list-style-type: none"> • Literacy • Information & Communication Technology (ICT) • Critical and Creative Thinking • Personal and Social Capability
	Contributing to healthy and active communities	Describe strategies to make the classroom and playground healthy, safe and active spaces (ACPPS040)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Participate in outdoor games and activities to examine how participation promotes a connection between the community, natural and built environments, and health and wellbeing (ACPPS041)	<ul style="list-style-type: none"> • Critical and Creative Thinking • Personal and Social Capability
		Research own heritage and cultural identities, and explore strategies to respect and value diversity (ACPPS042)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability • Ethical Understanding • Intercultural Understanding

Movement & Physical Activity	Moving our body	Perform fundamental movement skills in a variety of movement sequences and situations (<u>ACPMP025</u>)	<ul style="list-style-type: none"> • Personal and Social Capability
		Create and participate in games with and without equipment (<u>ACPMP027</u>)	<ul style="list-style-type: none"> • Literacy • Numeracy • Critical and Creative Thinking • Personal and Social Capability
	Understanding movement	Discuss the body's reactions to participating in physical activities (<u>ACPMP028</u>)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (<u>ACPMP029</u>)	<ul style="list-style-type: none"> • Numeracy • Personal and Social Capability
	Learning through movement	Adopt inclusive practices when participating in physical activities (<u>ACPMP048</u>)	<ul style="list-style-type: none"> • Critical and Creative Thinking • Ethical Understanding
		Apply innovative and creative thinking in solving movement challenges(<u>ACPMP049</u>)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Apply basic rules and scoring systems, and demonstrate fair play when participating in physical activities (<u>ACPMP050</u>)	<ul style="list-style-type: none"> • Literacy • Personal and Social Capability • Ethical Understanding

Years 5 and 6 Achievement Standard

By the end of Year 6, students investigate developmental changes and transitions. They explain the influence of people and places on identities. They recognise the influence of emotions on behaviours and discuss factors that influence how people interact. They describe their own and others' contributions to health, physical activity, safety and wellbeing. They describe the key features of health-related fitness and the significance of physical activity participation to health and wellbeing. They examine how physical activity, celebrating diversity and connecting to the environment support community wellbeing and cultural understanding.

Students demonstrate fair play and skills to work collaboratively. They access and interpret health information and apply decision-making and problem-solving skills to enhance their own and others' health, safety and wellbeing. They perform specialised movement skills and sequences and propose and combine movement concepts and strategies to achieve movement outcomes and solve movement challenges. They apply the elements of movement when composing and performing movement sequences.

		Years 5 and 6 Content Descriptions	General Capabilities
Personal, Social & Community Health	Being healthy, safe and active	Examine how identities are influenced by people and places (ACPPS051)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability • Intercultural Understanding
		Investigate resources and strategies to manage changes and transitions associated with puberty (ACPPS052)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Investigate community resources and ways to seek help about health, safety and wellbeing (ACPPS053)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking
		Plan and practise strategies to promote health, safety and wellbeing (ACPPS054)	<ul style="list-style-type: none"> • Critical and Creative Thinking • Personal and Social Capability

	Communicating and interacting for health and wellbeing	Practise skills to establish and manage relationships (<u>ACPPS055</u>)	<ul style="list-style-type: none"> • Personal and Social Capability
		Examine the influence of emotional responses on behaviour and relationships (<u>ACPPS056</u>)	<ul style="list-style-type: none"> • Critical and Creative Thinking • Personal and Social Capability • Ethical Understanding
		Recognise how media and important people in the community influence personal attitudes, beliefs, decisions and behaviours (<u>ACPPS057</u>)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability • Ethical Understanding
	Contributing to healthy and active communities	Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities (<u>ACPPS058</u>)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Explore how participation in outdoor activities supports personal and community health and wellbeing and creates connections to natural and built environments (<u>ACPPS059</u>)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability
		Identify how valuing diversity positively influences the wellbeing of the community (<u>ACPPS060</u>)	<ul style="list-style-type: none"> • Literacy • Critical and Creative Thinking • Personal and Social Capability

Movement & Physical Activity	Moving our body	Practise specialised movement skills and apply them in a variety of movement sequences and situations (<u>ACPMP061</u>)	<ul style="list-style-type: none"> • Personal and Social Capability
		Propose and apply movement concepts and strategies with and without equipment (<u>ACPMP063</u>)	<ul style="list-style-type: none"> • Personal and Social Capability
	Understanding movement	Participate in physical activities designed to enhance fitness, and discuss the impact regular participation can have on health and wellbeing (<u>ACPMP064</u>)	<ul style="list-style-type: none"> • Literacy • Personal and Social Capability
		Manipulate and modify elements of effort, space, time, objects and people to perform movement sequences (<u>ACPMP065</u>)	<ul style="list-style-type: none"> • Numeracy • Personal and Social Capability
		Participate in physical activities from their own and others' cultures, and examine how involvement creates community connections and intercultural understanding (<u>ACPMP066</u>)	<ul style="list-style-type: none"> • Critical and Creative Thinking • Personal and Social Capability • Intercultural Understanding
	Learning through movement	Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities (<u>ACPMP067</u>)	<ul style="list-style-type: none"> • Personal and Social Capability • Ethical Understanding
		Apply critical and creative thinking processes in order to generate and assess solutions to movement challenges (<u>ACPMP068</u>)	<ul style="list-style-type: none"> • Critical and Creative Thinking • Personal and Social Capability
		Demonstrate ethical behaviour and fair play that aligns with rules when participating in a range of physical activities (<u>ACPMP069</u>)	<ul style="list-style-type: none"> • Ethical Understanding • Intercultural Understanding

Scope and Sequence

Term 1	Prep	Year 1	Year 2
HPE Unit Focus	Listening Games (Wk 1-4, 9-10) Cross Country (Wk 5-8)	Listening Games (Wk 1-4, 9-10) Cross Country (Wk 5-8)	Skipping (Wk 1-4, 9-10) Cross Country (Wk 5-8)
Content Descriptions	<ul style="list-style-type: none"> Identify personal strengths (ACPPS001) Practise personal and social skills to interact positively with others (ACPPS004) Practise fundamental movement skills and movement sequences using different body parts (ACPMP008) Participate in games with and without equipment (ACPMP009) Identify and describe how their body moves in relation to effort, space, time, objects and people (ACPMP011) Cooperate with others when participating in physical activities (ACPMP012) Follow rules when participating in physical activities (ACPMP014) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) Create and participate in games with and without equipment (ACPMP027) Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) Use strategies to work in group situations when participating in physical activities (ACPMP030) Identify rules and fair play when participating in physical activities (ACPMP032) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) Create and participate in games with and without equipment (ACPMP027) Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) Use strategies to work in group situations when participating in physical activities (ACPMP030) Identify rules and fair play when participating in physical activities (ACPMP032)
Play is the Way Life Raft	Treat Others as You Would Like Them to Treat You	Treat Others as You Would Like Them to Treat You	Treat Others as You Would Like Them to Treat You
Content Descriptions	<ul style="list-style-type: none"> Practise personal and social skills to interact positively with others (ACPPS004) Identify and describe emotional responses people may experience in different situations (ACPPS005) Cooperate with others when participating in physical activities (ACPMP012) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Describe ways to include others to make them feel they belong (ACPPS019) Use strategies to work in group situations when participating in physical activities (ACPMP030) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Describe ways to include others to make them feel they belong (ACPPS019) Use strategies to work in group situations when participating in physical activities (ACPMP030)
Additional Program/s	Ditto	Ditto	Ditto
Content Descriptions	<ul style="list-style-type: none"> Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy (ACPPS003) Practise personal and social skills to interact positively with others (ACPPS004) Identify and describe emotional responses people may experience in different situations (ACPPS005) Identify actions that promote health, safety and wellbeing (ACPPS00) 	<ul style="list-style-type: none"> Practise strategies they can use when they feel uncomfortable, unsafe or need help with a task, problem or situation (ACPPS017) Identify and practise emotional responses that account for own and others' feelings (ACPPS020) 	<ul style="list-style-type: none"> Practise strategies they can use when they feel uncomfortable, unsafe or need help with a task, problem or situation (ACPPS017) Identify and practise emotional responses that account for own and others' feelings (ACPPS020)

Term 1	Year 3	Year 4
HPE Unit Focus	Skipping (Wk 1-4, 9-10) Cross Country (Wk 5-8)	Dodgeball (Wk 1-4, 9-10) Cross Country (Wk 5-8)
Content Descriptions	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe (ACPPS035) • Identify and practise strategies to promote health, safety and wellbeing(ACPPS036) • Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) • Create and participate in games with and without equipment (ACPMP027) • Discuss the body's reactions to participating in physical activities (ACPMP028) • Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) • Adopt inclusive practices when participating in physical activities (ACPMP048) • Apply basic rules and scoring systems, and demonstrate fair play when participating in physical activities (ACPMP050) 	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe (ACPPS035) • Identify and practise strategies to promote health, safety and wellbeing(ACPPS036) • Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) • Create and participate in games with and without equipment (ACPMP027) • Discuss the body's reactions to participating in physical activities (ACPMP028) • Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) • Adopt inclusive practices when participating in physical activities (ACPMP048) • Apply basic rules and scoring systems, and demonstrate fair play when participating in physical activities (ACPMP050)
Play is the Way Life Raft	Treat Others as You Would Like Them to Treat You	Treat Others as You Would Like Them to Treat You
Content Descriptions	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Investigate how emotional responses vary in depth and strength (ACPPS038) • Adopt inclusive practices when participating in physical activities (ACPMP048) 	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Investigate how emotional responses vary in depth and strength (ACPPS038) • Adopt inclusive practices when participating in physical activities (ACPMP048)
Additional Program/s		
Content Descriptions		

Term 1	Year 5	Year 6
HPE Unit Focus	Dodgeball (Wk 1-4, 9-10) Cross Country (Wk 5-8)	Dodgeball (Wk 1-4, 9-10) Cross Country (Wk 5-8)
Content Descriptions	<ul style="list-style-type: none"> Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities (ACPPS058) Explore how participation in outdoor activities supports personal and community health and wellbeing and creates connections to natural and built environments (ACPPS059) Practise specialised movement skills and apply them in a variety of movement sequences and situations (ACPMP061) Propose and apply movement concepts and strategies with and without equipment (ACPMP063) Participate in physical activities designed to enhance fitness, and discuss the impact regular participation can have on health and wellbeing (ACPMP064) Manipulate and modify elements of effort, space, time, objects and people to perform movement sequences (ACPMP065) Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities (ACPMP067) Demonstrate ethical behaviour and fair play that aligns with rules when participating in a range of physical activities (ACPMP069) 	<ul style="list-style-type: none"> Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities (ACPPS058) Explore how participation in outdoor activities supports personal and community health and wellbeing and creates connections to natural and built environments (ACPPS059) Practise specialised movement skills and apply them in a variety of movement sequences and situations (ACPMP061) Propose and apply movement concepts and strategies with and without equipment (ACPMP063) Participate in physical activities designed to enhance fitness, and discuss the impact regular participation can have on health and wellbeing (ACPMP064) Manipulate and modify elements of effort, space, time, objects and people to perform movement sequences (ACPMP065) Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities (ACPMP067) Demonstrate ethical behaviour and fair play that aligns with rules when participating in a range of physical activities (ACPMP069)
Play is the Way Life Raft	Treat Others as You Would Like Them to Treat You	Treat Others as You Would Like Them to Treat You
Content Descriptions	<ul style="list-style-type: none"> Practise skills to establish and manage relationships (ACPPS055) Identify how valuing diversity positively influences the wellbeing of the community (ACPPS060) Apply critical and creative thinking processes in order to generate and assess solutions to movement challenges (ACPMP068) Examine the influence of emotional responses on behaviour and relationships (ACPPS056) 	<ul style="list-style-type: none"> Practise skills to establish and manage relationships (ACPPS055) Identify how valuing diversity positively influences the wellbeing of the community (ACPPS060) Apply critical and creative thinking processes in order to generate and assess solutions to movement challenges (ACPMP068) Examine the influence of emotional responses on behaviour and relationships (ACPPS056)
Additional Program/s		
Content Descriptions		

Term 2	Prep	Year 1	Year 2
HPE Unit Focus	Listening Games (Wk 1-2) Throwing (Wk 3-9)	Listening Games (Wk 1-2) Throwing (Wk 3-9)	Forehand Strike (Wk 1-5) Wall Ball (Wk 6-9)
Content Descriptions	<ul style="list-style-type: none"> Identify personal strengths (ACPPS001) Practise personal and social skills to interact positively with others (ACPPS004) Practise fundamental movement skills and movement sequences using different body parts (ACPMP008) Participate in games with and without equipment (ACPMP009) Identify and describe how their body moves in relation to effort, space, time, objects and people (ACPMP011) Cooperate with others when participating in physical activities (ACPMP012) Follow rules when participating in physical activities (ACPMP014) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) Create and participate in games with and without equipment (ACPMP027) Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) Use strategies to work in group situations when participating in physical activities (ACPMP030) Identify rules and fair play when participating in physical activities (ACPMP032) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) Create and participate in games with and without equipment (ACPMP027) Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) Use strategies to work in group situations when participating in physical activities (ACPMP030) Identify rules and fair play when participating in physical activities (ACPMP032)
Play is the Way Life Raft	Be Brave – Participate to Progress; Pursue Your Personal Best – No Matter Who You Work With	Be Brave – Participate to Progress; Pursue Your Personal Best – No Matter Who You Work With	Be Brave – Participate to Progress; Pursue Your Personal Best – No Matter Who You Work With
Content Descriptions	<ul style="list-style-type: none"> Practise personal and social skills to interact positively with others (ACPPS004) Identify and describe emotional responses people may experience in different situations (ACPPS005) Cooperate with others when participating in physical activities (ACPMP012) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Describe ways to include others to make them feel they belong (ACPPS019) Use strategies to work in group situations when participating in physical activities (ACPMP030) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Describe ways to include others to make them feel they belong (ACPPS019) Use strategies to work in group situations when participating in physical activities (ACPMP030)
Additional Program/s			
Content Descriptions			

Term 2	Year 3	Year 4
HPE Unit Focus	Soccer (Wk 1-5) Athletics (Wk 6-9)	Touch Football (Wk 1-5) Netball (Wk 6-9)
Content Descriptions	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe (ACPPS035) • Identify and practise strategies to promote health, safety and wellbeing (ACPPS036) • Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) • Create and participate in games with and without equipment (ACPMP027) • Discuss the body's reactions to participating in physical activities (ACPMP028) • Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) • Adopt inclusive practices when participating in physical activities (ACPMP048) • Apply basic rules and scoring systems, and demonstrate fair play when participating in physical activities (ACPMP050) 	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe (ACPPS035) • Identify and practise strategies to promote health, safety and wellbeing(ACPPS036) • Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) • Create and participate in games with and without equipment (ACPMP027) • Discuss the body's reactions to participating in physical activities (ACPMP028) • Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) • Adopt inclusive practices when participating in physical activities (ACPMP048) • Apply basic rules and scoring systems, and demonstrate fair play when participating in physical activities (ACPMP050)
Play is the Way Life Raft	Be Brave – Participate to Progress; Pursue Your Personal Best – No Matter Who You Work With	Be Brave – Participate to Progress; Pursue Your Personal Best – No Matter Who You Work With
Content Descriptions	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Investigate how emotional responses vary in depth and strength (ACPPS038) • Adopt inclusive practices when participating in physical activities (ACPMP048) 	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Investigate how emotional responses vary in depth and strength (ACPPS038) • Adopt inclusive practices when participating in physical activities (ACPMP048)
Additional Program/s		
Content Descriptions		

Term 2	Year 5	Year 6
HPE Unit Focus	Touch Football (Wk 1-5) Netball (Wk 6-9)	Touch Football (Wk 1-5) Netball (Wk 6-9)
Content Descriptions	<ul style="list-style-type: none"> Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities (ACPPS058) Explore how participation in outdoor activities supports personal and community health and wellbeing and creates connections to natural and built environments (ACPPS059) Practise specialised movement skills and apply them in a variety of movement sequences and situations (ACPMP061) Propose and apply movement concepts and strategies with and without equipment (ACPMP063) Participate in physical activities designed to enhance fitness, and discuss the impact regular participation can have on health and wellbeing (ACPMP064) Manipulate and modify elements of effort, space, time, objects and people to perform movement sequences (ACPMP065) Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities (ACPMP067) Demonstrate ethical behaviour and fair play that aligns with rules when participating in a range of physical activities (ACPMP069) 	<ul style="list-style-type: none"> Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities (ACPPS058) Explore how participation in outdoor activities supports personal and community health and wellbeing and creates connections to natural and built environments (ACPPS059) Practise specialised movement skills and apply them in a variety of movement sequences and situations (ACPMP061) Propose and apply movement concepts and strategies with and without equipment (ACPMP063) Participate in physical activities designed to enhance fitness, and discuss the impact regular participation can have on health and wellbeing (ACPMP064) Manipulate and modify elements of effort, space, time, objects and people to perform movement sequences (ACPMP065) Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities (ACPMP067) Demonstrate ethical behaviour and fair play that aligns with rules when participating in a range of physical activities (ACPMP069)
Play is the Way Life Raft	Be Brave – Participate to Progress; Pursue Your Personal Best – No Matter Who You Work With	Be Brave – Participate to Progress; Pursue Your Personal Best – No Matter Who You Work With
Content Descriptions	<ul style="list-style-type: none"> Practise skills to establish and manage relationships (ACPPS055) Identify how valuing diversity positively influences the wellbeing of the community (ACPPS060) Apply critical and creative thinking processes in order to generate and assess solutions to movement challenges (ACPMP068) Examine the influence of emotional responses on behaviour and relationships (ACPPS056) 	<ul style="list-style-type: none"> Practise skills to establish and manage relationships (ACPPS055) Identify how valuing diversity positively influences the wellbeing of the community (ACPPS060) Apply critical and creative thinking processes in order to generate and assess solutions to movement challenges (ACPMP068) Examine the influence of emotional responses on behaviour and relationships (ACPPS056)
Additional Program/s		
Content Descriptions		

Term 3	Prep	Year 1	Year 2
HPE Unit Focus	Listening Team Games (Wk 1-3) Carnival Practise (Wk 4-10)	Listening Team Games (Wk 1-3) Carnival Practise (Wk 4-10)	Listening Team Games (Wk 1-3) Carnival Practise (Wk 4-10)
Content Descriptions	<ul style="list-style-type: none"> Identify personal strengths (ACPPS001) Practise personal and social skills to interact positively with others (ACPPS004) Practise fundamental movement skills and movement sequences using different body parts (ACPMP008) Participate in games with and without equipment (ACPMP009) Identify and describe how their body moves in relation to effort, space, time, objects and people (ACPMP011) Cooperate with others when participating in physical activities (ACPMP012) Follow rules when participating in physical activities (ACPMP014) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) Create and participate in games with and without equipment (ACPMP027) Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) Use strategies to work in group situations when participating in physical activities (ACPMP030) Identify rules and fair play when participating in physical activities (ACPMP032) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) Create and participate in games with and without equipment (ACPMP027) Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) Use strategies to work in group situations when participating in physical activities (ACPMP030) Identify rules and fair play when participating in physical activities (ACPMP032)
Play is the Way Life Raft	Have Reasons for the Things You Say and Do	Have Reasons for the Things You Say and Do	Have Reasons for the Things You Say and Do
Content Descriptions	<ul style="list-style-type: none"> Practise personal and social skills to interact positively with others (ACPPS004) Identify and describe emotional responses people may experience in different situations (ACPPS005) Cooperate with others when participating in physical activities (ACPMP012) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Describe ways to include others to make them feel they belong (ACPPS019) Use strategies to work in group situations when participating in physical activities (ACPMP030) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Describe ways to include others to make them feel they belong (ACPPS019) Use strategies to work in group situations when participating in physical activities (ACPMP030)
Additional Program/s	Life Education Van	Life Education Van	Life Education Van
Content Descriptions	<ul style="list-style-type: none"> Name parts of the body and describe how their body is growing and changing (ACPPS002) Identify actions that promote health, safety and wellbeing (ACPPS006) 	<ul style="list-style-type: none"> Describe physical and social changes that occur as children grow older and discuss how family and community acknowledge these (ACPPS016) Recognise situations and opportunities to promote health, safety and wellbeing (ACPPS018) Examine health messages and how they relate to health decisions and behaviours (ACPPS021) Explore actions that help make the classroom a healthy, safe and active place (ACPPS022) 	<ul style="list-style-type: none"> Describe physical and social changes that occur as children grow older and discuss how family and community acknowledge these (ACPPS016) Recognise situations and opportunities to promote health, safety and wellbeing (ACPPS018) Examine health messages and how they relate to health decisions and behaviours (ACPPS021) Explore actions that help make the classroom a healthy, safe and active place (ACPPS022)

Term 3	Year 3	Year 4
HPE Unit Focus	AFL (Wk 1-10)	Hockey (Wk 1-10)
Content Descriptions	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe (ACPPS035) • Identify and practise strategies to promote health, safety and wellbeing(ACPPS036) • Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) • Create and participate in games with and without equipment (ACPMP027) • Discuss the body's reactions to participating in physical activities (ACPMP028) • Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) • Adopt inclusive practices when participating in physical activities (ACPMP048) • Apply basic rules and scoring systems, and demonstrate fair play when participating in physical activities (ACPMP050) 	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe (ACPPS035) • Identify and practise strategies to promote health, safety and wellbeing(ACPPS036) • Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) • Create and participate in games with and without equipment (ACPMP027) • Discuss the body's reactions to participating in physical activities (ACPMP028) • Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) • Adopt inclusive practices when participating in physical activities (ACPMP048) • Apply basic rules and scoring systems, and demonstrate fair play when participating in physical activities (ACPMP050)
Play is the Way Life Raft	Have Reasons for the Things You Say and Do	Have Reasons for the Things You Say and Do
Content Descriptions	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Investigate how emotional responses vary in depth and strength (ACPPS038) • Adopt inclusive practices when participating in physical activities (ACPMP048) 	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Investigate how emotional responses vary in depth and strength (ACPPS038) • Adopt inclusive practices when participating in physical activities (ACPMP048)
Additional Program/s	Life Education Van	Life Education Van
Content Descriptions	<ul style="list-style-type: none"> • Explore strategies to manage physical, social and emotional change (ACPPS034) • Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe (ACPPS035) • Identify and practise strategies to promote health, safety and wellbeing(ACPPS036) • Discuss and interpret health information and messages in the media and internet (ACPPS039) 	<ul style="list-style-type: none"> • Explore strategies to manage physical, social and emotional change (ACPPS034) • Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe (ACPPS035) • Identify and practise strategies to promote health, safety and wellbeing(ACPPS036) • Discuss and interpret health information and messages in the media and internet (ACPPS039)

Term 3	Year 5	Year 6
HPE Unit Focus	Hockey (Wk 1-10)	SydCanSki Preparation (Wk 1-9) Dodgeball (Wk 10)
Content Descriptions	<ul style="list-style-type: none"> Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities (ACPPS058) Explore how participation in outdoor activities supports personal and community health and wellbeing and creates connections to natural and built environments (ACPPS059) Practise specialised movement skills and apply them in a variety of movement sequences and situations (ACPMP061) Propose and apply movement concepts and strategies with and without equipment (ACPMP063) Participate in physical activities designed to enhance fitness, and discuss the impact regular participation can have on health and wellbeing (ACPMP064) Manipulate and modify elements of effort, space, time, objects and people to perform movement sequences (ACPMP065) Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities (ACPMP067) Demonstrate ethical behaviour and fair play that aligns with rules when participating in a range of physical activities (ACPMP069) 	<ul style="list-style-type: none"> Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities (ACPPS058) Explore how participation in outdoor activities supports personal and community health and wellbeing and creates connections to natural and built environments (ACPPS059) Practise specialised movement skills and apply them in a variety of movement sequences and situations (ACPMP061) Propose and apply movement concepts and strategies with and without equipment (ACPMP063) Participate in physical activities designed to enhance fitness, and discuss the impact regular participation can have on health and wellbeing (ACPMP064) Manipulate and modify elements of effort, space, time, objects and people to perform movement sequences (ACPMP065) Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities (ACPMP067) Demonstrate ethical behaviour and fair play that aligns with rules when participating in a range of physical activities (ACPMP069)
Play is the Way Life Raft	Have Reasons for the Things You Say and Do	Have Reasons for the Things You Say and Do
Content Descriptions	<ul style="list-style-type: none"> Practise skills to establish and manage relationships (ACPPS055) Identify how valuing diversity positively influences the wellbeing of the community (ACPPS060) Apply critical and creative thinking processes in order to generate and assess solutions to movement challenges (ACPMP068) Examine the influence of emotional responses on behaviour and relationships (ACPPS056) 	<ul style="list-style-type: none"> Practise skills to establish and manage relationships (ACPPS055) Identify how valuing diversity positively influences the wellbeing of the community (ACPPS060) Apply critical and creative thinking processes in order to generate and assess solutions to movement challenges (ACPMP068) Examine the influence of emotional responses on behaviour and relationships (ACPPS056)
Additional Program/s	Life Education Van	Life Education Van
Content Descriptions	<ul style="list-style-type: none"> Investigate community resources and ways to seek help about health, safety and wellbeing (ACPPS053) Plan and practise strategies to promote health, safety and wellbeing (ACPPS054) Recognise how media and important people in the community influence personal attitudes, beliefs, decisions and behaviours (ACPPS057) 	<ul style="list-style-type: none"> Investigate community resources and ways to seek help about health, safety and wellbeing (ACPPS053) Plan and practise strategies to promote health, safety and wellbeing (ACPPS054) Recognise how media and important people in the community influence personal attitudes, beliefs, decisions and behaviours (ACPPS057)

Term 4	Prep	Year 1	Year 2
HPE Unit Focus	Kicking Activities (Wk 1-5) Soccer Rules (Wk 1-5) Soccer Mini Games (Wk 1-5) Gymnastics (Wk 6-9)	Kicking Activities (Wk 1-5) Soccer Rules (Wk 1-5) Soccer Mini Games (Wk 1-5) Gymnastics (Wk 6-9)	Kicking Activities (Wk 1-5) Soccer Rules (Wk 1-5) Soccer Mini Games (Wk 1-5) Gymnastics (Wk 6-9)
Content Descriptions	<ul style="list-style-type: none"> Identify personal strengths (ACPPS001) Practise personal and social skills to interact positively with others (ACPPS004) Practise fundamental movement skills and movement sequences using different body parts (ACPMP008) Participate in games with and without equipment (ACPMP009) Identify and describe how their body moves in relation to effort, space, time, objects and people (ACPMP011) Cooperate with others when participating in physical activities (ACPMP012) Follow rules when participating in physical activities (ACPMP014) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) Create and participate in games with and without equipment (ACPMP027) Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) Use strategies to work in group situations when participating in physical activities (ACPMP030) Identify rules and fair play when participating in physical activities (ACPMP032) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) Create and participate in games with and without equipment (ACPMP027) Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) Use strategies to work in group situations when participating in physical activities (ACPMP030) Identify rules and fair play when participating in physical activities (ACPMP032)
Play is the Way Life Raft	It Takes Great Strength to be Sensible	It Takes Great Strength to be Sensible	It Takes Great Strength to be Sensible
Content Descriptions	<ul style="list-style-type: none"> Practise personal and social skills to interact positively with others (ACPPS004) Identify and describe emotional responses people may experience in different situations (ACPPS005) Cooperate with others when participating in physical activities (ACPMP012) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Describe ways to include others to make them feel they belong (ACPPS019) Use strategies to work in group situations when participating in physical activities (ACPMP030) 	<ul style="list-style-type: none"> Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Describe ways to include others to make them feel they belong (ACPPS019) Use strategies to work in group situations when participating in physical activities (ACPMP030)
Additional Program/s			
Content Descriptions			

Term 4	Year 3	Year 4
HPE Unit Focus	Kicking Activities (Wk 1-5) Soccer Rules (Wk 1-5) Soccer Mini Games (Wk 1-5) Gymnastics (Wk 6-9)	Kicking Activities (Wk 1-5) Soccer Rules (Wk 1-5) Soccer Mini Games (Wk 1-5) Gymnastics (Wk 6-9)
Content Descriptions	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe (ACPPS035) • Identify and practise strategies to promote health, safety and wellbeing(ACPPS036) • Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) • Create and participate in games with and without equipment (ACPMP027) • Discuss the body’s reactions to participating in physical activities (ACPMP028) • Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) • Adopt inclusive practices when participating in physical activities (ACPMP048) • Apply basic rules and scoring systems, and demonstrate fair play when participating in physical activities (ACPMP050) 	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe (ACPPS035) • Identify and practise strategies to promote health, safety and wellbeing(ACPPS036) • Perform fundamental movement skills in a variety of movement sequences and situations (ACPMP025) • Create and participate in games with and without equipment (ACPMP027) • Discuss the body’s reactions to participating in physical activities (ACPMP028) • Incorporate elements of effort, space, time, objects and people in performing simple movement sequences (ACPMP029) • Adopt inclusive practices when participating in physical activities (ACPMP048) • Apply basic rules and scoring systems, and demonstrate fair play when participating in physical activities (ACPMP050)
Play is the Way Life Raft	It Takes Great Strength to be Sensible	It Takes Great Strength to be Sensible
Content Descriptions	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Investigate how emotional responses vary in depth and strength (ACPPS038) • Adopt inclusive practices when participating in physical activities (ACPMP048) 	<ul style="list-style-type: none"> • Explore how success, challenge and failure strengthen identities (ACPPS033) • Investigate how emotional responses vary in depth and strength (ACPPS038) • Adopt inclusive practices when participating in physical activities (ACPMP048)
Additional Program/s		
Content Descriptions		

Term 4	Year 5	Year 6
HPE Unit Focus	Lacrosse	Ultimate Frisbee (Wk 1-5) Frisbee Golf (Wk 6-9)
Content Descriptions	<ul style="list-style-type: none"> Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities (ACPPS058) Explore how participation in outdoor activities supports personal and community health and wellbeing and creates connections to natural and built environments (ACPPS059) Practise specialised movement skills and apply them in a variety of movement sequences and situations (ACPMP061) Propose and apply movement concepts and strategies with and without equipment (ACPMP063) Participate in physical activities designed to enhance fitness, and discuss the impact regular participation can have on health and wellbeing (ACPMP064) Manipulate and modify elements of effort, space, time, objects and people to perform movement sequences (ACPMP065) Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities (ACPMP067) Demonstrate ethical behaviour and fair play that aligns with rules when participating in a range of physical activities (ACPMP069) 	<ul style="list-style-type: none"> Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities (ACPPS058) Explore how participation in outdoor activities supports personal and community health and wellbeing and creates connections to natural and built environments (ACPPS059) Practise specialised movement skills and apply them in a variety of movement sequences and situations (ACPMP061) Propose and apply movement concepts and strategies with and without equipment (ACPMP063) Participate in physical activities designed to enhance fitness, and discuss the impact regular participation can have on health and wellbeing (ACPMP064) Manipulate and modify elements of effort, space, time, objects and people to perform movement sequences (ACPMP065) Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities (ACPMP067) Demonstrate ethical behaviour and fair play that aligns with rules when participating in a range of physical activities (ACPMP069)
Play is the Way Life Raft	It Takes Great Strength to be Sensible	It Takes Great Strength to be Sensible
Content Descriptions	<ul style="list-style-type: none"> Practise skills to establish and manage relationships (ACPPS055) Identify how valuing diversity positively influences the wellbeing of the community (ACPPS060) Apply critical and creative thinking processes in order to generate and assess solutions to movement challenges (ACPMP068) Examine the influence of emotional responses on behaviour and relationships (ACPPS056) 	<ul style="list-style-type: none"> Practise skills to establish and manage relationships (ACPPS055) Identify how valuing diversity positively influences the wellbeing of the community (ACPPS060) Apply critical and creative thinking processes in order to generate and assess solutions to movement challenges (ACPMP068) Examine the influence of emotional responses on behaviour and relationships (ACPPS056)
Additional Program/s	Life Education: Sexuality Education	Life Education: Sexuality Education
Content Descriptions	<ul style="list-style-type: none"> Investigate resources and strategies to manage changes and transitions associated with puberty (ACPPS052) Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities (ACPPS058) 	<ul style="list-style-type: none"> Investigate resources and strategies to manage changes and transitions associated with puberty (ACPPS052) Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities (ACPPS058)